

*Enrichment for Students -
Everyone welcome!*

College Gym

Opening times

Monday 12-1pm

Tuesday 1-2pm

Wednesday 12-2pm

Thursday 12-2pm

Friday 12-1pm



**KING
GEORGE V
COLLEGE**



College Gym open to ALL staff
and students

Completely FREE, no fees all
year!

For more information contact James
(Gym/Enrichment Facilitator) on 01704 39
2878 or email

DurrJ@southport.ac.uk

Sport Enrichment

Monday	Women's Multi-Sport	12 – 1	Sports Hall
Tuesday	Racquet Sports	12-1	Sports Hall
Wednesday			Sports Hall
Thursday	Table Tennis	10am-11am	The Oasis
	Indoor Football	12-1	Sports Hall
Friday	Table Tennis	10am-11am	The Oasis
	Dual Sports	12-1	Sports Hall

Please note these activities and times are subject to changes.

Gym

Monday	12-1pm
Tuesday	1 - 2pm
Wednesday	12-2pm
Thursday	12 - 2pm
Friday	12 - 1pm

For more information contact James
(Gym/Enrichment Facilitator) on 01704 392730 or
via email

Durrj@southport.ac.uk



**KING
GEORGE V
COLLEGE**

Multi Sports Session

Open to all female students, regardless of ability.



Women's Multi Sports



Monday's

12 – 1pm

Sports Hall

For more information contact Hayley (Enrichment co-ordinator)
on 01704 39 2730 or email
Sharroch@southport.ac.uk



**KING
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Weekly Racket Sports session, both Tennis and Badminton in one place!



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Play Short Tennis or Badminton.....it's up to you!

Racket Sports

(Tennis / Badminton)

Tuesdays 12-1pm

Sports Hall



*no strings
badminton* 

For more information contact James (Gym/Enrichment Facilitator) on 01704 39 2878 or email DurrJ@southport.ac.uk



**KING
GEORGE V
COLLEGE**

Indoor 5-a-side Football

Open to all students, regardless of ability.

Ensure you have sports kit with you.



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Indoor Football

THURSDAY
12-1PM



For more information contact Hayley (Enrichment Co-ordinator)
on 01704 392730 or via email
Sharroch@southport.ac.uk

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Dual sports



For more information contact James
(Gym/Enrichment Facilitator) on 01704 39
2878 or email

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Friday 12-1pm

**In the sports
hall**

**Come on
down and
have some
fun!**



**KING
GEORGE V
COLLEGE**